

Parents' Network

eBulletin for parents in Solihull

July 2015

This eBulletin contains important information for parents. There is a separate section with items for parents who have a child with additional needs or a disability.

Family events in July

To find out what's going on in your local area this month, take a look at our [events listing](#).

Children's Clothing Scheme

A non-profit organisation in Solihull is seeking clothes for children 0-12 years old to help families going through a difficult time in the borough.

'Childrens Clothing Solihull' gift clothes to families in the borough that need a little help looking after their loved ones, a referral system is in place to make sure the right people get the support they need.

The organisation is also keen to hear from anyone who would be willing to volunteer their time to help sort through the donated clothes.

If you'd like to refer someone to the scheme then please see the below link. For further information please contact Victoria Clements on 07981269337 or via email: childrensclothing.solihull@outlook.com.

[Click here for more information](#)

[Click here for a referral form](#)

Eat Well, Move More

This programme, run by Solihull Active, encourages children aged 4-16 to live a healthy lifestyle. The programme provides motivational activities, advice on healthy meals and fun games and awards for children who are referred by a health care professional.

'Eat Well, Move More' provides tailored sessions for different age groups:

- 4-6 Years: A 12 week programme in Solihull primary schools (1:1 sessions are available).
- 7-11 Years: Weekly sessions on Tuesday at Tudor Grange Leisure Centre & Wednesday at The Loft in Chelmsley Wood – 4pm-5.30pm.
- 12-16 Years: 1:1 sessions available to improve health and wellbeing.

For free, friendly and impartial information contact the Family Information Service.

Call: **0800 389 8667** Email: familyinfo@solihull.gov.uk

Visit: www.solihull.gov.uk/familyinfo

For more information please contact Solihull Active on 0121 704 8207 or follow the link below.

[Click here for more information](#)

Solihull Apprenticeship Show 2015

Apprenticeships are a great way to gain practical work experience, on the job training and qualifications. So come along to this show at the NEC to meet and talk to employers, colleges and training providers in Solihull.

The show will take place on Thursday 9 July, 1.30pm-7pm in The Gallery at the NEC. Parking for the event is free.

For more information please call 0121 704 6850, email employmentteam@solihull.gov.uk or follow the link below.

[Click here for more information](#)

Family Information Service web pages

Our web pages have lots of useful information for parents and carers all in one place. There's a wide range of helpful topics including childcare, child safety and bullying, children with additional needs, children's centres, education, employment and volunteering, family relationships, money and housing, parenting support and things to do.

You can also find out about local and national services and get information specific to the age of your child. Visit our website at www.solihull.gov.uk/familyinfo

Opt in/out of Parents' Network

If you know someone who would like to join the Parents' Network, ask them to email their details to parentsnetwork@solihull.gov.uk or visit www.solihull.gov.uk/parentsnetwork

To opt out of the Parents' Network email: parentsnetwork@solihull.gov.uk

If you have any information that you would like to share with parents on the network please email it to: parentsnetwork@solihull.gov.uk

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**This section of the eBulletin is for parents
who have a child with additional needs or a disability.**

Signpost Inclusion Activity Programme

This activity programme is aimed at 11-16 year olds with additional needs and will be held at Birmingham Ackers Adventure Centre. Activities will include adventure trekking, skiing, fire lighting and canoeing.

The week long programme will have activities including parents on the first and last day so parents can see how their child has progressed during the week. Dates are as follows:

- Saturday 27th June is a session involving a parent 10.30am-12pm
- Thursday 2nd July 7pm-8pm
- Saturday 4th July 10.30am-1.30pm
- Thursday 9th July 7pm-8.30pm
- Saturday 11th July is a session involving a parent 10.30am-12pm

The total cost of the 5 sessions is offered at a price £40 per child, which includes an adventure activity t-shirt for those taking part.

Please note that there are 10 places available on the programme so book asap by emailing: vickiedawkins@signpostinclusion.org.uk.

[Click here for more information](#)

Entrust Short Breaks

The vision of Entrust Care Partnership is to meet the needs of disabled children, young persons, adults and their families and carers through the provision of short break activities.

These short breaks will be taking place in Skegness, Burnham on Sea and Wicksteed Park this year. All properties are 6 berth and fully accessible for those with disabilities. Prices start from £400 for weekly hire and this includes parking, full use of extensive facilities and equipped accommodation.

For more information about Entrust or booking a short break please call 07549 495474 or email: bookings@entrustcarepartnership.org.uk.

[Click here for more information](#)

[Click here for a price list](#)

[Click here for a booking form](#)

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