

Home learning activities

Years 10, 11

Subject
Health and Social care
Year Group
YR 10
Unit of work

Component 1

Learning aim B: Investigate how individuals deal with life events

B1 Different types of life event

Life events are expected or unexpected events that occur in an individual's life. Learners will explore the different events that can impact on people's physical, intellectual, emotional and social

development.

- Physical events, to include:
- o accident/injury
- o ill health.
- Relationship changes, to include:
- o entering into relationships
- o marriage
- o divorce
- o parenthood
- o bereavement.
- Life circumstances, to include:
- o moving house, school or job
- o exclusion from education
- o redundancy
- o imprisonment
- o retirement.

B2 Coping with change caused by life events

Learners will explore how individuals can adapt or be supported through changes caused by life events. People may react very differently to the same type of event.

- How individuals adapt to these changes.
- Sources of support:
- o family, friends, partners
- o professional carers and services
- o community groups, voluntary and faith-based organisations.
- Types of support:
- o emotional
- o information and advice
- o practical help, e.g. financial assistance, childcare, transport.

Activities

Part 2

The second part of your report should focus on the different factors which have had an effect on your chosen individual throughout the three different life stages.

You must select <u>at least two from both the physical and social/cultural factors</u> and at least one from economic factors and explain how they have affected the individual at each life stage.



Where do you complete the work?
Home on computer
What to do if you finish the work?
(Extension activity)
Part 3 For the third part of your report, you must assess how the impact of the factors you have selected has changed over the different life stages. You will need to give examples and compare the effects of the factors on the individual at the different life stages
These websites might help:
NHS and google to find any related illnesses mentioned about the two individuals.