

Unit 2

P4 – describe the technical and tactical demands of two selected sports

Provide a script that you could use to describe the following skills;

Badminton	Football
Short Serve	Pass
Overhead Clear	Shot
Drop Shot	Tackle
Smash	Dribble

Make sure in your script in describes technical information for example; keep your eye on the shuttle/ball, the correct body position you should be in, where you are aiming for etc.

1. Explain how and when you would use them in a competitive game
2. Why would you use them then?
3. What is the benefit of using them then?

Use google as a tool for information you will need.