

**Life is always  
changing....  
This is called  
transition....**

**It can unsettle you  
And may be awkward**

**But life does  
not stand still**



DNA



List 5 things that  
are likely to  
happen at your age

# **Predictable or not predictable? That is the question!**

<http://www.youtube.com/watch?v=IAJGPjqGba8>

# Nathans story

Nathan was 3 years old when his baby brother was born. He could not understand why everyone was making such a fuss over this new baby and why no - one seemed to take much notice of him anymore. Not long after the baby came, Granny came to stay and she definitely seemed to like the baby more than him. One day Granny said she was going to take him to nursery school but Nathan did not want to go. He wanted to stay with his mum and he cried all morning. Then people told him not to be silly and that made him feel worse.

1. What emotional effects do you think the birth of his brother had on Nathan?
2. Was it a good idea to send Nathan to nursery so soon after his brother was born? What other peoples emotions may be coming in to this decision?
3. How could you make Nathan have a more positive view of his brother?



Sort these into predictable and non predictable life events  
Explain how they could influence your PIES development  
in a positive or negative way

Marriage

Parenthood

Starting school

Serious illness  
or injury

Retirement

Leaving home

Divorce

Redundancy  
and  
unemployment

Bereavement

Abuse

Birth of a  
sibling

Starting work

We are developing our knowledge of the effects of life events on PIES

### DISTINCTION

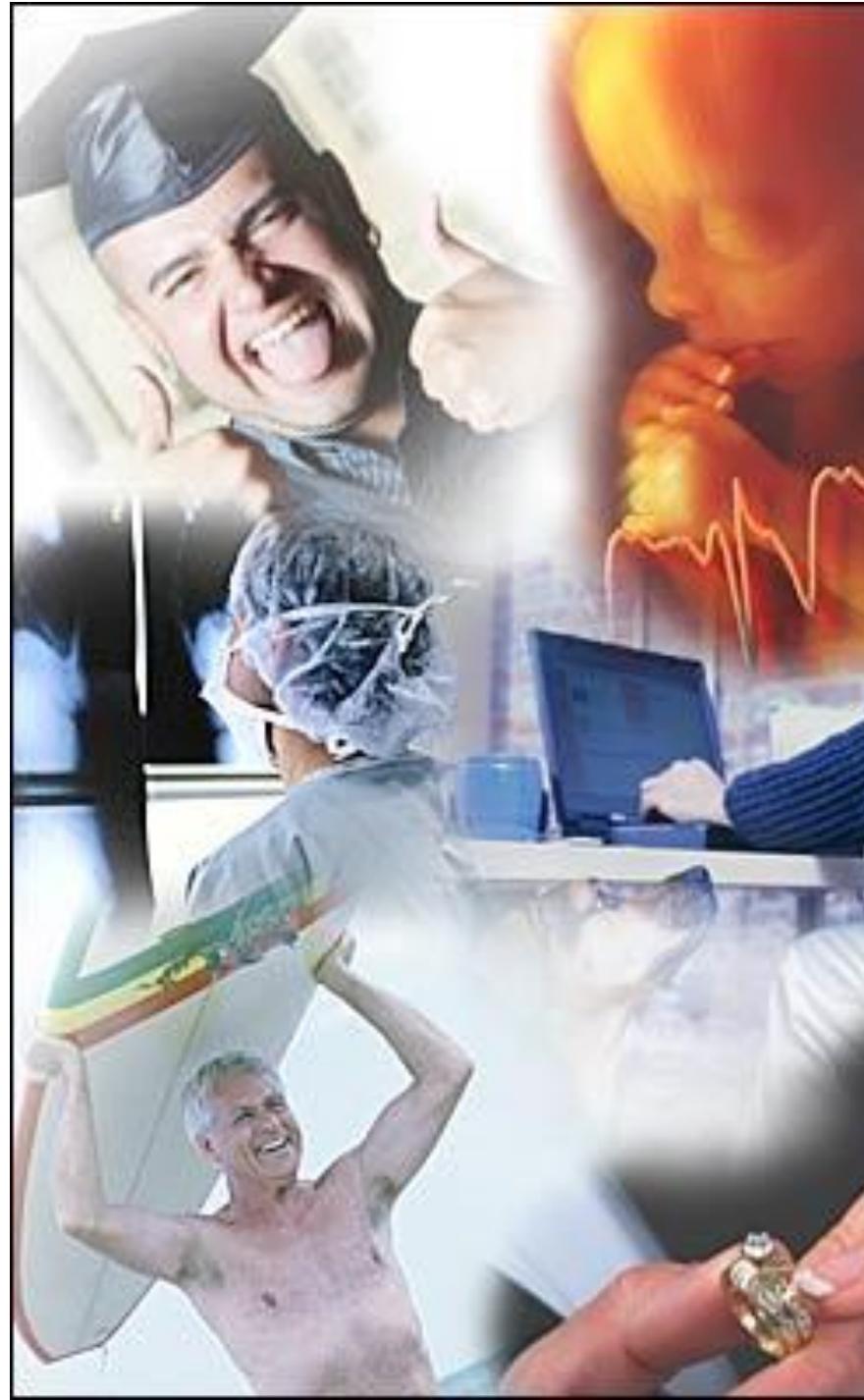
Could analyse the impact in a positive or negative way of life events on PIES

### MERIT

Should describe positive and negative effects of life events on PIES

### PASS

Must identify predictable and unpredictable life events



# Ryans story

Ryan was 7 when his dad left his mum. He does not remember him very well now, although he used to speak to him on the phone at first, he has not heard from him for several years. His mum thinks he has moved abroad for work. Money was tight because Ryan's dad did not support them financially. Ryan's mum had a job which provided them with the basics but there was never any left over for extras. This made Ryan feel left out with his school friends. Ryan's mother starting seeing a new man and although that helped them financially, Ryan was not sure he was the right person for his mum. He often rowed with the man and the atmosphere at home was not very relaxed. Now he has found out his mum is having a new baby.

1. What aspects of PIES have been affected by Ryan's dad leaving home?
2. How might Ryan's self esteem be affected?
3. What changes is Ryan going through now?



# Celebrity Life Events

Create a PowerPoint on different celebrities who have had life events happen to them Say how they have impacted on them in a negative or positive way

