

Home Learning Week 10

W/B 13th July 2020

Self-Analysis

Task

Using the work produced last week on the skills used in Badminton and Football, I would like you to provide an honest assessment of your strengths and weaknesses in both sports.

To succeed

Success Criteria

For both sports outline what 3 things you are good at and explain why and 3 things that you would need to improve and why.

For the work to be a Merit standard if you can add in an activity that could improve your weakness that would be great, see next slide for how to set the work up.

Sentence starters

- In football/badminton one of main strengths are _____. This is a strength of mine because _____.
- In football/badminton I am not so great at _____. I know this because _____. If I wanted to improve this I could do the following activity_____.