

Year 11 – PSHE	
Summary of curriculum	At Smith’s Wood Academy we want all students to leave in Year 11 with the skills and knowledge to lead a successful and healthy life. The year 11 Personal, Social, Health and Economic Education (PSHE) curriculum is designed to support students in transition into the world as an- independent adult.
Main topics/skills	<p>Theme 1 – Career and my Future This topic aims to support students in finding a post 16 opportunity by supporting their development in interview skills, CV writing and revision techniques.</p> <p>Theme 2 – Values The topic is designed to support students in gaining confidence to use their voice in situations including voting and general elections.</p> <p>Theme 3 – Staying safe Students will discuss how to deal with peer pressure and stay safe when using the dark web, this includes gambling and pornography.</p> <p>Theme 4 – Health and Wellbeing. Supporting students in living a healthy life, this topic will teach students in how to do self-examination and manage their mental health.</p> <p>Theme 5 – Relationships and Sex Education (RSE) Students will discuss intimate and sexual relationships. This will include how to stay safe, consent, and sexual harassment.</p>
Assessment throughout the year	Students are regularly assessed throughout the year through 25 mark mid-topic and end of topic assessment. These will consist of multiple-choice questions, knowledge check questions and longer answer question.
How parents can support their child’s learning from home.	Parents can support their child’s learning by encouraging their child to complete the fortnightly homework as this will support them in lessons. Also supporting students in staying up to date with the news and having discussions about the learning
Useful websites	YoungMinds Mental Health Charity For Children And Young People YoungMinds RSHE (PSHE) lessons for Key Stage 4 students - Oak National Academy (thenational.academy) Careers - BBC Bitesize

