

Year 9 – PSHE	
Summary of curriculum	At Smith’s Wood Academy we want all students to leave in Year 11 with the skills and knowledge to lead a successful and healthy life. The year 9 Personal, Social, Health and Economic Education (PSHE) curriculum is designed to support students in staying safe in the community, become a respectful citizen and how to manage their mental health.
Main topics/skills	<p>Theme 1 – Health and Wellbeing This topic will support students in having safe relationships. It will include understanding safe sex, STIs and recognizing unsafe relationships.</p> <p>Theme 2 – Citizenship Students will understand the impact of discrimination on people and discuss how to create a fairer society.</p> <p>Theme 3 – Values Linking to the citizenship theme, students will then discuss prejudice and tackling discrimination. This links to the British Values of mutual respect and tolerance.</p> <p>Theme 4 – Staying safe This theme will teach students how to stay safe in the community, it will include bullying, body image, County lines, pornography, and sexual harassment.</p> <p>Theme 5 – Careers and my future Students will develop their knowledge on how to manage their future finances as well as start to discuss potential future careers.</p> <p>Theme 6 -Relationships and Sex Education (RSE) This topic will support students in understanding different mental health conditions and how to support those who may be struggling.</p>
Assessment throughout the year	Students are regularly assessed throughout the year through 25 mark mid-topic and end of topic assessment. These will consist of multiple-choice questions, knowledge check questions and longer answer question.
How parents can support their child’s learning from home.	Parents can support their child’s learning by encouraging their child to complete the fortnightly homework as this will support them in lessons. Also supporting students in staying up to date with the news and having discussions about the learning
Useful websites	YoungMinds Mental Health Charity For Children And Young People YoungMinds KS3 Citizenship (Wales) - BBC Bitesize RSHE (PSHE) lessons for Key Stage 3 students - Oak National Academy (thenational.academy)

