

SMITH'S WOOD LEARNING JOURNEY

Y7 PHYSICAL EDUCATION

Athletics



FMAT Games

Sports day

Cricket

Rounders

SUMMER TERM



Fitness

Outwitting opponents

Students will learn the foundation skills and movements from a broad range of activities, including: Individual and team games, OAA, Dance, Gymnastic Activities, HRF and Athletics

Problem Solving

Dance

SPRING TERM



Sports House Competitions



Outwitting Opponents

Gymnastics / Trampolining

Badminton



Swimming

Baseline Assessments

AUTUMN TERM